This special day welcomed us with open arms. It was a luring day which was even better than yesterday! Just imagine that!

Unlike yesterday, the apprehensiveness was gone. We were more energetic and excited than yesterday knowing that there would be loads of fun activities to be completed.

Jokes were shared amongst ourselves and we had many more friends that yester-

day. The bond of friendship was much stronger.

We had four main activities: Leadership, Healthy Eating, Creativity and Entrepreneurship.

Each group was to complete the four activities in a different order during the course of the day.

One participant eagerly described the atmosphere saying ‘they’re in high spirits and there is definitely no feeling of drabness.’

Another added enthusiastically: ‘we are all proud members of the NICE family.

By Donna Pierre, Veronique Casimir, Tina Vellien, Chanvind Custea, Harshind Madlani, Sita Babooram, Sohawon Hadjra & Jameer Fawwaaz

Our budding journalists taking the interview

Mr A. Mihidan’s words of wisdom appropriately captured the moment of the day:

‘When stressed during exams, leave everything, go to a silent corner, meditate and say mmmmmmmmm...

By Sohawon Hadjra & Jameer Fawwaaz

C'était intéressant de faire quelque chose que les filles n'ont pas l'habitude de faire. Je voulais faire partie de ce monde du combat car pour moi ça représente la force d’une femme. J’ai aimé participer à des compétitions nationales et internationales. Je pense que j’ai fait la fierté des femmes combattantes et de notre pays.

Jusqu’a maintenant que pensez-vous des performances des participants?

Les jeunes sont très motivés, ils ont beaucoup d'énergie et sont très dynamiques. Le sport les aidera à fuir les fléaux comme la cigarette et l'alcool.

By Donna Pierre & Veronique Casimir

Interview

Story of 12.12.12!

Interview

Interview

Interview

Echoes of the day...

Wednesday 12th December 2012

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Nice Moment of the Day!

Mr A. Mihidan’s words of wisdom appropriately captured the moment of the day:

‘When stressed during exams, leave everything, go to a silent corner, meditate and say mmmmmmmmm...

By Sohawon Hadjra & Jameer Fawwaaz
Youth -to- Youth
ENSAM NU KAPAV :D

Quote of the Day!
“Une equipe n’est pas faite d’une personne, elle est un tout...quand on joue ensemble dans un esprit d’equipe, de discipline et de respect”

Mr. M. Avinash & Mr J. Kureembukus

Leadership and Creativity
Healthy Eating & Entrepreneurship

Healthy Eating
The nutritionists emphasized on the importance of healthy eating which includes having a balanced diet.

What was interesting here was that they gave us explicit examples of balanced meals. Then we played interesting games.

Firstly, we were divided in groups
and each group was given a specific task concerning exercises.

Secondly, we stood in front of one another. An empty bottle was placed in the middle and each member of each group had to get the bottle. This activity was fun and entertaining.

By Sita Babooram & Harshid Madlani

Mr Beehari Maheshwar from the Ministry of Youth and Sports inculcated us into the culture of entrepreneurship. He explained to us the steps that will enable us to become future entrepreneurs in the future. He used Richard Branson to inspire us and inspire us, he surely did!

By Jameer Muhammad and Hadjra Sohawon

Quotes of participants
We are all proud members of the NICE family!